

Senem Zeytinoglu Saydam, Ph.D.

Ozyegin University
Department of Psychology
Nisantepi Mah. Orman Sk. No:13
Alemdag Cekmekoy 34794
Istanbul-Turkey
senem.zeytinoglu@ozyegin.edu.tr

Education

- Ph.D.
2014
Drexel University, Philadelphia, Pennsylvania
Department of Couple and Family Therapy
Degree Obtained: PhD
Recipient of Ivan Boszomenyi-Nagy Social Justice Award
Dissertation: Experiences of Couples Having a Young Child with Cleft Lip and/or Palate, Comparing Prenatal and Postnatal Diagnosis Groups: A Phenomenological Study
- 09/09 – 05/10
Ackerman Institute for the Family, New York, New York
Post Graduate Training in Family Therapy
Foundations of Family Therapy & Live Clinical Supervision
- M.A. & Ed.M.
2008
Counseling Psychology
Columbia University, Teachers College, New York
- B.A.
2005
Psychology
Department of Psychology
Koc University, Istanbul, Turkey

Academic Positions

- 01/17 - present
Assistant Professor
Ozyegin University, Department of Psychology
- 09/16 – 12/16
Adjunct Professor
Ozyegin University, Department of Psychology
- 2014 – 2017
Adjunct Professor
İstanbul Bilgi University, Department of Psychology
- 02/15 – 05/15
Adjunct Professor
Yeditepe University, Department of Psychology
- 09/13 – 1/14
Adjunct Professor
Doğuş University, Department of Psychology

Clinical Experience

- 2016- Individual, Couple and Family Therapist
 BUDE Psychotherapy Center
 İstanbul, Turkey
 Conducting individual, couple and family therapy & clinical supervision
- 2014- Clinical Supervisor
 İstanbul Bilgi University
 Clinical Psychology Program / Couple and Family Therapy Track
 Providing clinical supervision to CFT master's students
- 2013-2016 Family Therapist
 Kozyatagi Acibadem Hospital
 Department of Pediatric Neurosurgery
 Istanbul, Turkey
 Conducting psychological preparation, psycho-education, crisis intervention and psychological evaluation for pediatric neurosurgery patients and their families
- 2013-2016 Individual, Couple and Family Therapist
 Ozel Mavi Yunus (Dodo) Family Counseling Center
 Istanbul, Turkey
 Conducting individual, couple and family therapy
- 2010-2013 Contracted Therapist
 Empowerment Resources Associates, Inc.
 Philadelphia, Pennsylvania
 Conducting intakes, individual, group, couple and family therapy
- 2008-2010 Teen RAPP Counselor
 Safe Horizon School Programs, Lehman High School
 Bronx, New York
 Director of a teen relationship abuse prevention program for high school students and the school community, providing individual and group counseling, classroom and professional development workshop on adolescent relationship abuse
- 2007-2008 Therapist
 New York Association for New Americans, Inc., Center for Women and Families
 New York, New York
 Provided crisis intervention, advocacy, individual counseling for immigrant survivors of domestic violence

2007-2008 Therapist
 Project RINA Intensive Outpatient Treatment Program
 New York, New York
 Conducted screening and intakes for court mandated individuals coping with substance abuse

Awards & Recognitions

2014 Ivan Boszomenyi-Nagy Social Justice Award
 2013 Family Process Institute New Writers Fellowship
 2011 Boot camp for Aspiring Marriage and Family Therapy Professors, Park City, UT
 2010 Travel Award Drexel University Office of Graduate Studies

Grants & Contracts

Zeytinoglu Saydam, S. & Unal Logacev, O. (2018). European Cleft and Craniofacial Initiative for Equality in Cleft Care. Cost Action CA16234. Role: MC Member appointed by TUBITAK.

Publications

Refereed Journal Articles

Zeytinoglu Saydam, S., Ozek, M., Çüçülayef, D., Doğan, T. N., & Crerand, C. (in press). Social Experiences of Turkish Parents Raising Their Children with Apert Syndrome. *The Cleft Palate Craniofacial Journal*.

Zeytinoglu Saydam, S., Yumbul, C., Yumbul, C., Akarca, G., Ozgun, S., & Egeci, S. (2020). Terör: Ne Yaşıyoruz? Nasıl Baş Ediyoruz? *Electronic Journal of Social Sciences (Elektronik Sosyal Bilimler Dergisi)*, 19(75), 1534-1545.

Zeytinoglu Saydam, S., Erdem, G., & Akyil, Y. (2020). Psychometric Properties of the Brief Accessibility, Responsiveness, and Engagement Scale in a Community Sample of Turkish Adults. *Family Relations*. doi:10.1111/fare.12446

Zeytinoglu Saydam, S., Ozek, M. M., Marcus, J., & Crerand, C. (2019). Behavioral Functioning of School Aged Children with Non-Syndromic Craniosynostosis. *Child's Nervous System*. doi: /10.1007/s00381-019-04439-y

Zeytinoglu Saydam, S., & Nino, A. (2019). A Tool for Connection: Using Person of the Therapist Model in Emotionally Focused Therapy Supervision. *Journal of Marital and Family Therapy*, 45(2), 233-243.

Zeytinoglu, S., & Ozek, M. M. (2018) Apert Sendromu ile Yaşamının Bireyler ve Aileler Üzerindeki Psikolojik Etkileri: Derleme. *Maltepe University FEF Journal 20th Year Special Issue*, 166-178.

Zeytinoglu Saydam, S., & Kucukardali, B. (2017). Kafatası Deformitesi ile Yaşamının Psikolojik Etkileri. *Turkish Journal of Neurosurgery (Türk Nöroşirürji Dergisi)*, 27(3), 1-4.

Zeytinoglu, S., Davey, M., Crerand, C., & Fisher, K. (2016). Fathers of Children Born with Cleft Lip and Palate: Impact of the Timing of Diagnosis. *Families, Systems & Health*, 34(2), 150-158. doi: 10.1037/fsh0000198

Zeytinoglu, S., Davey, M., Crerand, C., Fisher, K., & Akyil, Y. (2016). Experiences of Couples Caring for a Child born with Cleft Lip and/or Palate: Impact of Timing of Diagnosis. *Journal of Marital and Family Therapy*, 43(1), 82-99. doi: 10.1111/jmft.12182

Carniero, R., **Zeytinoglu, S.**, Hort, F., & Wilkins E. (2013). Culture, Beauty and Therapeutic Alliance. *Journal of Feminist Family Therapy*, 25, 80-92. doi: 10.1080/08952833.2013.777873

Zeytinoglu, S., & Davey, M. (2012). It's a Privilege to Smile: The Impact of Cleft Lip Palate on Families. *Families, Systems, and Health*, 30(3), 265-277.

Henry, R., & **Zeytinoglu, S. (2011).** African American Teens and Dating Violence. *American Journal of Family Therapy*, 40, 20-32.

Book Chapters

Zeytinoglu Saydam, S. (2018). Cross-culturally responsive training of EFT: International experiences (Chapter 4). In Poulsen, S., & Allen, R. (Eds). *Cross cultural responsiveness & systemic therapy: personal and clinical narratives*. Cham, Switzerland: Springer

Zeytinoglu, S. Çok Haklı ve Çok Yalnız (Chapter 1). In Akyıl, Y., & Güven, N. (Eds). (2016). *Yüzyüze: Türkiye'den Çift ve Aile Terapisi Öyküleri*. Istanbul: Pegasus.

Zeytinoglu, S. The POTT Program Step-by-Step (Chapter 2). In Aponte, H., & Kissil, K. (Eds). (2016). *Training the Person of the Therapist: Theory and Implementation*. Routledge Press.

Zeytinoglu, S., Akyil, Y., & Kissil, K. (2014). Supervising Foreign-Born Clinicians in the

United States: A Clinical Guide. In Bean, R.A., Davis, S., & Davey, M (Eds) *Clinical Supervision Activities for Increasing Competence and Self-Awareness* (pp. 233-238). Hoboken, New Jersey: Wiley Press, Inc.

Davey, M., **Zeytinoglu, S.**, & Lynch, L. Integrating Theory and Research (Chapter 3). In Miller, R. & Johnson, L. (Eds) (2012). *Advanced Methods in Family Therapy Research: A Focus on Validity and Change*. Routledge Press.

Submitted Manuscripts

Nino, A., & **Zeytinoglu Saydam, S.** Helping Supervisees Use Their Self in Their Clinical Work: The Person-of-The-Therapist Training Model (POTT) in Supervision. *Journal of Family Psychotherapy*. Manuscript re-submitted for publication.

Bolak, H., Doğan, T. N., Akyil, Y., & **Zeytinoglu Saydam, S.** We are more alike than different: A Qualitative Exploration of Multicultural Couples in Turkey. *Journal of Sexual and Relationship Therapy*. Manuscript revised and re-submitted for publication.

Erkan, I., **Zeytinoglu Saydam, S.**, Kafescioglu, N., & Sideris, A. Romantic relationship experiences and emotion regulation strategies of regular mindfulness meditation practitioners: a qualitative study. *Journal of Marital and Family Therapy*. Manuscript submitted for publication.

Manuscripts in Preparation

Bingol, B., Kafescioglu, N., & **Zeytinoglu Saydam, S.** The Role Of Common Factors In Pivotal Moments In Couple And Family Therapy. Submission venue undecided.

Oral, S., **Zeytinoglu Saydam, S.**, Akyil, Y., & Akmehmet Sekerler, S. Couple Therapists' Beliefs about Coupledness, Experiences in Romantic Relationships and Experiences in Couple Therapy: A Qualitative Study. To be submitted to *Family Process*.

Zeytinoglu Saydam, S. Facing a Cruel Reality: Preparing Children and Families for Cancer Surgery. Submission venue undecided.

Zeytinoglu Saydam, S., Oral S., Cücülayef, D., Cakan, D., & Stock, N. Experiences of parents taking care of their children through NAM treatment: A Longitudinal Qualitative Analysis. To be submitted to *The Cleft Palate Craniofacial Journal*.

Zeytinoglu Saydam, S., Karşilar, H., Cücülayef, D., Çakan, D., Doğan, E., & Doğan S. Psychological Functioning of Parents Raising Children with Cleft Lip and/or Palate in Turkey. To be submitted to *The Cleft Palate Craniofacial Journal*.

Conference Presentations

- Zeytinoglu Saydam, S.** (September 2019). Using Person of the Therapist Model in EFT Supervision (Terapistin Kendi Kimliği Üzerine Çalışma Modeli'nin Duygu Odaklı Çift Terapisi Süpervizyonunda Kullanımı) in Roundtable: Enriching the Effectiveness of Couple and Family Therapy through Attachment Theory and a Focus on Emotions. European Family Therapy Association Congress, Naples, Italy.
- Zeytinoglu Saydam, S.** (June 2019). Experiences of Turkish parents taking care of their children through NAM treatment: A Qualitative Analysis, European Cleft Palate Craniofacial Association Conference, Utrecht, Netherlands.
- Nino, A., & **Zeytinoglu Saydam, S.** (March 2019). Using the Person of the Therapist Training (POTT) Model in Supervision, International Family Therapy Association Conference, Aberdeen, Scotland.
- Zeytinoglu Saydam, S.** (November 2018). Duygu Odaklı Çift Terapisi: Teori, Değerlendirme ve Müdahaleler (Emotionally Focused Couple Therapy: Theory, Assessment and Interventions), 20. Ulusal Psikoloji Kongresi, Ankara, Turkey.
- Akarca, G., Egeci, S., Ozgun, S., Yumbul, C., & **Zeytinoglu Saydam, S.** (November 2018). Bir Kitle Travması Olarak Terör, 20. Ulusal Psikoloji Kongresi, Ankara, Turkey
- Oral, S., & **Zeytinoglu Saydam, S.** (November 2018). Çift terapistlerinin çift olma inançları, romantik ilişki deneyimleri ve çiftlerle çalışma deneyimleri arasındaki karşılıklı etkileşim: nitel bir çalışma, Poster Sunumu, 20. Ulusal Psikoloji Kongresi, Ankara, Turkey
- Zeytinoglu Saydam, S.** (March 2018). Medikal Aile Terapisi (Medical Family Therapy). Turkish Couple and Family Therapy Association Symposium, İstanbul, Turkey.
- Zeytinoglu Saydam, S.,** Çüçülayef, D., Çakan, D., Doğan, E., & Doğan S. (September 2017). Dudak Damak Yarığı ile Doğmuş 0-7 Yaş Arasındaki Çocukların Ebeveynlerinin Karşılaştıkları Zorluklar & Psikolojik Profilleri: Ön Analiz Bulguları, International Cleft Lip Palate Surgery Congress, İzmir, Turkey.
- Zeytinoglu Saydam, S.,** & Nino, A. (March 2017). A Tool for Connection: Using Person of the Therapist Model in Emotionally Focused Couple Therapy. International Family Therapy Association Congress, Malaga, Spain.
- Zeytinoglu Saydam, S.** (December 2016). Aksayan Yanımız: Psikososyal Destek. Turkish Cleft Lip Palate Association Congress, Konya, Turkey.

Zeytinoglu Saydam, S. (September 2016). Helping Parents Cope with their Child's Cancer Diagnosis. European Family Therapy Association Conference, Athens, Greece.

Zeytinoglu, S. (November 2014). Experiences of Parents Raising a Young Child with Cleft. International Cleft Lip Palate Surgery Congress, Kayseri, Turkey.

Zeytinoglu, S. (October 2013). Experiences of Couples Having a Young Child with Cleft, Comparing Prenatal versus Postnatal Groups: A Phenomenological Study. Brief Presentation at European Family Therapy Association Conference (EFTA), Istanbul, Turkey.

Zeytinoglu, S. (June 2013). Experiences of Couples Having a Young Child with Cleft, Comparing Prenatal versus Postnatal Groups: A Phenomenological Study Preliminary Findings. Poster Presentation at American Family Therapy Association Conference (AFTA), Chicago, Illinois.

Zeytinoglu, S. (February 2013). Supervising Foreign-born Therapists in the United States. Lecture Presentation at International Family Therapy Conference (IFTA), Orlando, Florida.

Zeytinoglu, S. (March, 2012). Understanding of Beauty Culture from A Self-Location. Poster Presentation at International Family Therapy Conference (IFTA), Vancouver, Canada.

Zeytinoglu, S. (October, 2011). It's a Privilege to Smile: The Impact of Cleft Lip Palate on Individuals, Couples, and Families. Poster Presentation at Collaborative Family Healthcare Association (CFHA) Conference, Philadelphia, Pennsylvania.

Zeytinoglu, S., Hort, F., Hernandez, A. (March, 2011). "An Ideal Nation: Social Justice and National Policy". Poster Presentation at International Family Therapy Association (IFTA) World Congress, Noordwijkerhout, Netherlands.

Invited Talks (Presentations, Lectures, Workshops)

Zeytinoglu Saydam, S. (November, 2019). Duygu Odaklı Çift Terapisi. (Emotionally Focused Couple Therapy), 9. Uluslararası Yükseköğretimde Psikolojik Danışmanlık ve Rehberlik Araştırmaları Kongresi, İstanbul, Turkey

Zeytinoglu Saydam, S. (November, 2019). Vaka Çalışması: Duygu Odaklı Çift Terapisi (Case Conceptualization in Emotionally Focused Couple Therapy). Turkish Couple and Family Therapy Association Symposium, İstanbul, Turkey.

- Zeytinoglu Saydam, S.** (April, 2019). Dudak Damak Yarığı ile Doğan Çocuklarda Sağlıklı Psikolojik Gelişim (Healthy Psychological Development of Children Born with Cleft Lip and/or Palate), X. Ulusal Dil ve Konuşma Bozuklukları Kongresi, İstanbul, Turkey
- Zeytinoglu Saydam, S.** (February, 2019). Love 401: Playlist for a Relationship, Columbia University Global Center's House of Chats, İstanbul, Turkey
- Zeytinoglu Saydam, S.** (January, 2019). Fiziksel Hastalıklara Sistemik Yaklaşım, Çift ve Aile Terapileri Derneği Süpervizyon Toplantıları (Systemic Approach to Physical Illness), İstanbul, Turkey
- Zeytinoglu Saydam, S.** (November, 2017). Medikal Aile Terapisi (Medical Family Therapy) Metropolitan Municipality of İstanbul's Health Program, İstanbul, Turkey
- Zeytinoglu Saydam, S.** (May, 2017). İlişki'nin Hikayesi: Nasıl başlar ve sürer? Neden biter? (Story of a relationship: How it starts and develops? Why it ends?), Ozyegin University Psychology Festival, İstanbul, Turkey
- Zeytinoglu Saydam, S.** (December, 2016). Aile Terapisinde İlk Görüşme (Initial Interview in Family Therapy), Hasan Kalyoncu University, Gaziantep, Turkey
- Zeytinoglu Saydam, S.** (June, 2016). Duygu Odaklı Çift Terapisi (Emotionally Focused Couple Therapy), Turkish Couple and Family Therapy Association Seminars, İstanbul, Turkey
- Zeytinoglu, S.** (May 2016). Vaka Çalışması: Duygu Odaklı Çift Terapisi (Case Conceptualisation in Emotionally Focused Couple Therapy). Turkish Couple and Family Therapy Association Symposium, İstanbul, Turkey.
- Zeytinoglu S.** (April, 2016). Duygu Odaklı Çift Terapisi ve Travma (Emotionally Focused Couple Therapy & Trauma), Okan University, İstanbul, Turkey
- Zeytinoglu S.** (October, 2015). Konuşulmayı Konuşabilmek: Travma ve Aile İçi İletişim (Talking about what you are not supposed to talk about: trauma and families), Turkish Couple and Family Therapy Association's Seminars for Helping Professionals After Terrorist Attacks, İstanbul, Turkey
- Zeytinoglu S.** (September, 2015). Dudak Damak Yarığı ile Doğan Çocuklarını Büyütürken Aileler Neler Yaşıyor? (Experiences of Families While Raising Their Children with Cleft Lip and/or Palate), Cleft Patients & Families Symposium, Eskişehir, Turkey
- Zeytinoglu S.** (July, 2015). Özgürleştiren İlişkiler (Relationships that set you free), Soho House İstanbul, Turkey
- Zeytinoglu S.** (November, 2009). "Teen Dating Violence – A Model School Response",

Workshop presented at Urban Resource Institute, 4th Annual Domestic Violence Conference, Domestic Violence Shatters Families: Understanding the Impact of Domestic Violence on Children and Youth, New York, NY.

Teaching Experience

Graduate Courses

- Couple Therapy
- Professional Ethics
- Introduction to Family Therapy
- Research Methods and Data Analysis 1
- Person of the Therapist Training I, II & III
- Sex Therapy
- Medical Family Therapy
- Addictions in the Family

Undergraduate Courses

- Introduction to Psychology
- The Fundamentals of Marriage and Family
- Human Sexuality

Supervised Theses

Zeynep Ezgi Mater (in progress, MA). *Coming Out Experiences of Turkish LGBT Youth and Their Parents*. Ozyegin University, Department of Psychology.

Burak Savcı (in progress, MA). *Experiences of Fathers Raising a Child with Autism Spectrum Disorders*. Ozyegin University, Department of Psychology.

Begüm Akçınar (2020, MA). *Experiences of Couples Going Through Assisted Reproductive Treatment: A Phenomenological Study*. Bilgi University, Department of Psychology.

Itr Erkan (2019, MA). *Relational Experiences of Mediators and Their Partners: A Qualitative Study*. Ozyegin University, Department of Psychology.

Sinem Yahyaoğlu (2019, MA). *The effects of social support, differentiation of self and locus of control on anxiety*. Ozyegin University, Department of Psychology.

Merve Güney (2019, MA). *Experiences of parents, whose children have leukemia diagnosis, in the treatment process*. Ozyegin University, Department of Psychology.

Duygu Başak Gürtekin (2019, MA). *The relationship between the gain of resources and burden of care in caregivers of cancer patients*. Bilgi University, Department of Psychology.

Sedef Oral (2019, MA). *Reciprocal impact between couple therapists' beliefs about coupledom, experiences in romantic relationships and experiences in couple therapy: A qualitative study*. Bilgi University, Department of Psychology.

Committee Memberships

Birce Bingöl (2019, MA). *The Role of Common Factors in Pivotal Moments in Couple and Family Therapy*. Ozyegin University, Department of Psychology.

Kübra Akar (2019, MA). *The Role of Differentiation of Self and Anxiety in the Association between Family of Origin Functioning and Couple Relationship Quality*. Ozyegin University, Department of Psychology.

Sabiha Kocabiçak (2019, MA). *The relationship between separation-individuation, individualism-collectivism, marriage expectations, and marital attitudes*. Bilgi University, Department of Psychology.

Tuğçe Nur Doğan (2019, MA). *Relational Experiences of Multicultural Couples in Turkey and the Impact of Ethnic Culture on Romantic Relationships: A Qualitative Study*. Bilgi University, Department of Psychology.

Hazel Irmak Araç (2018, MA). *Associations between Dyadic Adjustment and Psychological Symptoms: A Preliminary Study for Assessing Therapeutic Change for Couples*. Bilgi University, Department of Psychology.

Betül Kaytan (2016, MA). *Mental Health Professionals' Use of Systemic Principles When Working with Individuals with Physical Illness and/or Disability: A Survey Study*. Bilgi University, Department of Psychology.

Service

Professional Review Activities

Journal Reviewer

Türk Psikoloji Dergisi (2018 – present)
Sexual and Relationship Therapy (2019 – present)
Western Journal of Nursing Research (2020 – present)

Conference Reviewer

European Cleft Palate Craniofacial Association Conference (2019)

Turkish Couple and Family Therapy Association Conference (2016)
 Turkish Couple and Family Therapy Association Conference (2019)

Conference Chair

International Family Therapy Association Conference (2017)

Conference Organization

Turkish Couple and Family Therapy Association Conference (2016)

Service to the Community

Organizer, Emotionally Focused Couple Therapy Trainings (2014 – 2019)

Service to Professional Organizations

Turkish Couple and Family Therapy Association Conference, Board Member

Professional Memberships

International Association for Family Therapy (IFTA)
 American Association for Marriage and Family Therapy (AAMFT)
 Canadian Association for Marriage and Family Therapy (CAMFT)
 Turkish EMDR Association
 Turkish Couple and Family Therapy Association
 Turkish Psychologists Association
 International Center for Excellence in Emotionally Focused Therapy

PROFESSIONAL TRAINING AND CERTIFICATES

ICEEFT Certified Emotionally Focused Couple Therapy Therapist, Supervisor & Trainer
 AAMFT Approved Supervisor
 AAMFT Clinical Fellow
 Registered Marriage & Family Therapist & Supervisor (CAMFT)

LICENSURE

Licensed Marriage & Family Therapist – IL. #166.001298