

ÖZÜ

Özyegin University
Psychology Department
Newsletter 2018-2019

Vol. 8



2018-2019 Full-Time Academic Faculty

2018-2019 Year Summary

During the 2018-2019 academic year, the Department of Psychology at Özyeğin University grew to fourteen full-time faculty members; now sixteen members with the addition of Prof. Canan Sümer and Assoc. Prof. Tarcan Kumkale joining for the 2019-2020 academic year, 350 undergraduate students, and 34 graduate students. We published over 30 works in



prestigious journals and had more than 50 conference presentations both nationally and internationally. In addition to conferences and publications, our faculty hosted four events in honor of the university's tenth year anniversary: The Play Panel, 2nd Annual Çiğdem Kağıtçıbaşı Research Festival, Heath Psychology Panel, and a seminar by Prof. Michelle Lynette Rupiper.

In addition to those of our faculty, our students also had many accomplishments in this academic year. Our psychology club,

Psychoz, held a series of wonderful seminars. Additionally, of our 64 graduates in 2019, 23 earned honor distinction, and 13 graduated with high honors. Finally, many of our graduates will begin new chapters of their graduate school education at such institutions as University of Groningen, University of Tübingen, Tilburg University, King's College London, and University of Vermont, in addition to those who will continue their studies with us at Özyeğin.



The Department of Psychology is also proud to be one of the few programs accredited by the Turkish Psychological Association. Additionally, our Couple and Family Therapy MA has been accredited by both the International Family Therapy Association, and the European Family Therapy Association; the only program in Turkey with this distinction.



We thank our administration, faculty, students, and student family members for such a successful year and are delighted to share more information on our joint accomplishments in the proceeding sections.

Conferences and Presentations (44)

Akar, K., & **Kafescioğlu, N.** (2019, May). Bağlanma kaygısı ve benliğin ayrılaşmasının kök aile fonksiyonelliği ve çift ilişki kalitesi arasındaki ilişkideki rolü. *Işık Savaşır Klinik Psikoloji Sempozyumu IX*, Gazimağusa, Kıbrıs.

Akarca, G., Egeci, S., Ozgun, S., Yumbul, C., & **Zeytinoglu Saydam, S.** (2018, November). Bir Kitle Travması Olarak Terör, 20. *Ulusal Psikoloji Kongresi*, Ankara, Turkey.

Aktunc, M. E., Baytimur, E., Uysal, B., Hazar, C., & Erengin, T. (2018, November). "Choice Blindness in Different Experimental Settings." *Psychonomic Society 59th Annual Meeting*, New Orleans, LA.



Arikan, G. (2019, August). Turkish mothers' emotion socialization strategies in relation to maternal risk factors of SES and mental health during toddlerhood. Caregiving of Turkish mothers and emotion regulation. *In early childhood symposium at the 19th European Conference on Developmental Psychology*, Athens, Greece.

Arikan, G. (2019, August). Turkish mothers' emotion socialization strategies in relation to maternal risk factors of SES and mental health during toddlerhood. *Paper symposia will be presented at the 19th Conference on Developmental Psychology (ECDP)*, Athens, Greece.

Arikan, G., & Kumru, A. (2018, November). Erken Çocukluk Döneminde Anne-Çocuk İlişkinin Güvenli Çember Ebeveynlik Eğitim Programı ile Desteklenmesi Türkiye'de Uygulanan Erken Çocukluk ve Okul Dönemine Yönelik Önleyici Müdahale Programı Örnekleri: Uyarılama, Uygulama ve Etki Değerlendirmeleri sempozyumu. 20. *Ulusal Psikoloji Kongresi*, Ankara, Türkiye.

Arikan, G. (2018, September-2019, March). Emotional Availability Scales-EAS (Level 1) Training, by Dr Zeynep Bringen. *Certified reliable EAS coder since 2019.*

Arikan, G. (2018, July- 2019, January). Mentalizing the Body: Parental Embodied Mentalizing (PEM). *In Research and in Clinical Practice Training. Anna Freud National Centre for Children and Families, London, July 2018, Course Leader Dr. Dana Shai. Certified reliable PEM coder since 2019.*

*Aytuğlu, A. & **Dost-Gözkan, A.** (2019, February). The difference in Turkish emerging adults' positive development indices with respect to the clusters of cultural self-construals. *Paper presented at the Society for Cross-Cultural Research Annual Meeting*, Jacksonville, FL, USA.

Bingol, B., & **Kafescioglu, N.** (2019, March). The role of common factors in pivotal moments in couple and family therapy. *Paper presented at the World Family Therapy Congress*, Aberdeen, Scotland.



Dost-Gözkan, A. & Elsharnouby, E. (2018, November). Ergenlikte anne, baba ve en iyi arkadaşla kendi hakkında bilgi paylaşma, saklama ve psikolojik esenlik arasındaki ilişki. *Paper presented at the 20th Ulusal Psikoloji Kongresi*, TED University, Ankara.

Dost-Gözkân, A. (2018, September). A longitudinal examination of basic psychological needs support perceived in relationships with parents and psychological outcomes. *Paper presented at the 16th Biennial Conference of the European Association for Research on Adolescence*, Ghent, Belgium.

Dost-Gözkan, A. (2019, May). Links between basic psychological needs and well-being in adolescent-parents relationships: The mediational role of family cohesion and disclosure to parents. *Paper presented at 7th International Self Determination Theory Conference*, Amsterdam, The Netherlands.

*Elsharnouby, E. & **Dost-Gözkan, A.** (2019, March). Adolescents' disclosure and secrecy patterns and psychological well-being in parents and best friend relationship contexts. *Poster presented at SRCD Biennial Meeting*, Baltimore, Maryland, USA.



Gurleyik, D., Sen, C.K.N., Baruh, L., & Kumkale, G. T. (2019, June). Theory of Planned Behavior: Physical activity predictors among Turkish university students. *North American Society for the Psychology of Sport and Physical Activity Conference*, Baltimore, MD.

Gürmen, S. (2019, March). Supporting "Family" During and After Divorce in Therapy. *27th World Family Therapy Congress of the International Family Therapy Association*, Aberdeen, UK.



Gürmen, S. (2019, February). Ethics in Family Therapy, *The Institute of Relational Psychotherapy*, Istanbul, Turkey.

Gürmen, S. (2019, May). Romantic Relationships", *4th National Psychology Symposium*, Arel University, Istanbul, Turkey.

Gürmen, S. (2019, May). Gender Issues in Therapy Setting, *Couple and Family Therapy Center, Ozyegin University*, Istanbul, Turkey.

Kafescioglu, N., & Ledermann, L. (2019, March). Individual, relational and familial factors in change over time of newlyweds' adjustment. *Paper presented at the World Family Therapy Congress*, Aberdeen, Scotland.

Karakose, S. & **Sen, C.K.N.** (2019, March). Mindful eating and eating disorders: The mediating role of negative core beliefs associated with eating disorders. *International Conferences on Eating Disorders*, New York, NY.

*Karkin, A., **Sen, C.K.N.,** & Baltaş, Z.. (2019, September). Current state of health psychology in Turkey. *33rd Conference of the European Health Psychology Society*, Dubrovnik, Croatia.



Karşılar, H. & Bilgin, S.N. (2019, July) Timing of Tonality and Progression: Anticipation-related Arousal Speeds Up Subjective Time, Regardless of Sequential Tonality, *Poster Sunumu, European Congress of Psychology*, Moscow, Russia.

Kumru, A., Acar, I., & Veziroglu-Celik, M., (August, 2019). Mediatlional role of emotion regulation between the quality of parenting and social competence in preschool children from Turkey. Paper symposia will be presented at the 19th Conference on Developmental Psychology (ECDP), Athens, Greece.



Nino, A., & Zeytinoglu Saydam, S. (2019, March). Using the Person of the Therapist Training (POTT) Model in Supervision, *International Family Therapy Association Conference*, Aberdeen, Scotland.

Oral, S., & Zeytinoglu Saydam, S. (2018, November). Çift terapistlerinin çift olma inançları, romantik ilişki deneyimleri ve çiftlerle çalışma deneyimleri arasındaki karşılıklı etkileşim: nitel bir çalışma, *Poster Sunumu, 20. Ulusal Psikoloji Kongresi*, Ankara, Turkey

Roos, J., Dicus, L., Gülseven, Z., Carlo G., Rudy, D., & Kumru, A. (2019, February). Interdependence as a Mediator of Parenting Practices and Prosocial Behavior in Turkish Youth. *Paper will be presented at the 48th Annual Meeting of the Society for Cross-Cultural Research*, Jacksonville, FL.



Sen, C.K.N., & Gurleyik, D. (2019, September). Promoting exercise: the theory of planned behavior and social appearance anxiety in exercise intentions. *33rd Conference of the European Health Psychology Society*, Dubrovnik, Croatia.

Sen, C.K.N., Baruh, L., & Karakose, S. (2018, August). The impact of health information avoidance on breast self-examination practices. *32nd Conference of the European Health Psychology Society*, Gallway, Ireland.

Sen, C.K.N., Baruh, L., & Kumkale, G.T (2019, May). The impact of past decisional locus on future mammogram behaviors. *Health Psychology Panel*, Istanbul, Turkey.



KONFERANS
"Tatili, istifası ve Emekliliği Olmayan Tek İş"
ANNE VE BABALIK

"GELİN BU İŞİ KEYİFLİ KILALIM"

KONUŞMACI
Doç. Dr. Asiye KUMRU
Özyeğin Üniversitesi Sosyal Bilimler Fakültesi Psikoloji Bölüm Başkanı

YER - İSTANBUL ORTAOKULU

Sen, C.K.N., Baruh, L., & Kumkale, G.T. (2019, September). Was it me? The influence of self-versus provider-directed past mammogram behavior on future mammogram intentions. *33rd Conference of the European Health Psychology Society, Dubrovnik, Croatia.*

Tasel, I. Z., Arikan, G., Kumru, A., Coskun, Z., Arslan, S., Beken, Z., Safaz, R., Piri, I., Yildizhan, C., Sel, Y. (2019, August). The association between mother's romantic attachment parenting stress and toddler's attachment. *Poster session will be presented at the Congress of 19th European Conference on Developmental Psychology, Athens, Greece.*

ter Bekke, M.,* Ünal, E., & Özyürek, A. (2019). Speaking but not gesturing predicts motion event memory within and across languages. *Poster presentation at the International Convention of Psychological Science, Paris, France.*

Toz N., Üstündağ-Budak A. M., & Arikan G. (2019, August). The Role of Maternal Mental Health and Emotion Regulation Strategies in Caregiving Helplessness. *Oral presentation presented at the congress of 19th European Conference on Developmental Psychology, Athens, Greece.*



Toz, N., **Kumru, A., Arikan, G.**, Kuzgun, S., Toksal, S., Gedizli, A., Kiris, A., & Ozman, N. (2019, August). The role of caregiving helplessness, social support and maternal hostility in maternal sensitivity during Toddlerhood. *Poster session presented at the Congress of 19th European Conference on Developmental Psychology, Athens, Greece.*

Ünal, E., & Özyürek, A. (2019). The relation between visual event apprehension and multimodal event descriptions. In E. Ünal & M. Flecken (Chairs), *Universality and diversity in event cognition. Paper presented at the International Convention of Psychological Science, Paris, France.*

Ünal, E. (2019, September). Acquisition of evidentiality. *Joint conference of the sections Developmental and Educational Psychology (paEpsy), Leipzig, Germany. (invited)*

Ünal, E. (2019, July). Evidentiality in language and cognition. *Department of Applied Psychology and Human Development, University of Toronto. (invited)*

Ünal, E. (2019, April). Bilgi kaynaklarının dil ve bilişte temsili: Gelişimsel ve diller-arası perspektifler. *3. Bilişsel Nöropsikoloji Günü, Bahçeşehir Üniversitesi, İstanbul, Turkey. (invited)*



Whittaker, K., Bhutto, K., Jonathan, N., Conron, W., Benbow, S. M., Chandrashekar, **S., Gürmen, M. S.**, Helps, S., Zat, Z. (2019, March). *27th World Family Therapy Congress of the International Family Therapy Association, Aberdeen, UK.*

*Yurtsever, T., & **Sen, C.K.N.** (2018, November). Retrospective father-child relationship: How does father involvement affect achievement predictors among university students? *20th National Turkish Psychology Congress, Ankara, Turkey.*



Zehra Gulseven, Z., Carlo, G., **Kumru, A.**, Selçuk, B., & Sayıl, M. (March, 2019). Protective roles of prosocial behaviors: A longitudinal study from Turkey. *Poster presented at the SRCD Biennial Meeting, Baltimore, Maryland.*

Zeytinoglu Saydam, S. (2019, June). Experiences of Turkish parents taking care of their children through NAM treatment: A Qualitative Analysis, *European Cleft Palate Craniofacial Association Conference, Utrecht, Netherlands.*

Zeytinoglu Saydam, S. (2018, November). Duygu Odaklı Çift Terapisi: Teori, Değerlendirme ve Müdahaleler, *20. Ulusal Psikoloji Kongresi, Ankara, Turkey.*

Publications (32)

Acar, I. H., Frohn, S., & Prokasky, A., Molfese, V., & Bates, J. (2018). Examining the Associations Between Performance-Based and Ratings of Focused- Attention in Toddlers: Are We Measuring the Same Constructs? *Infant and Child Development*. Advance online publication. <https://doi.org/10.1002/icd.2116>



Acar, I. H., Kutaka, T., Rudasill, K. M., Torquati, J., & Coplan, R. J., & Yildiz, S. (2018). Examining the Roles of Child Temperament and Teacher-Child Relationships as Predictors of Turkish Children's Social Competence and Anti-Social Behavior. *Current Psychology*. Advance online publication. <https://doi.org/10.1007/s12144-018-9901-z>

Acar, I. H., Torquati, J., Garcia, A., & Ren, L. (2018). Examining the Roles of Parent-Child and Teacher-Child Relationships on Behavior Regulation of Children at Risk, *Merrill- Palmer Quarterly: Journal of Developmental Psychology*, *64*(2),248. DOI:10.13110/merrpalmquar1982.64.2.0248

Acar, I., Prokasky, A., Martins Linhares, M. B., Lecannelier, F., & Putnam, S. (2019). Parental Responses, Toddler Temperament and Behavior Problems, in M. Gartstein & S. Putnam (Eds.) *Toddler Temperament, Parents and Culture: Findings from the Joint Effort Toddler Temperament Consortium*. London: Routledge Publishing.

Aktunc, M.E. (2019). "Productive Theory-Ladenness in fMRI" Synthese: *Special Issue on Neuroscience and Its Philosophy*. doi: 10.1007/s11229-019-02125-9

Amirshirzad, N., **Kumru, A.**, & Oztop, E. (2019). Human adaptation to human-robot shared control. *IEEE Transactions on Human-Machine Systems*, 49 (2), 129-136. Doi: 10.1109/THMS.2018.2884719

Asik-Ozturk, M., Ahmetoglu, E. & **Acar, I. H.** (2019) The contributions of children's social competence, aggression, and anxiety to their play behaviours with peers, *Early Child Development and Care*, doi: 10.1080/03004430.2019.1614570

Chien, S. Y., Lewis, M., Sycara, K., Liu, J. S., & **Kumru, A.** (2018). The effect of culture on trust in automation: Reliability and Workload. *ACM Transactions on Interactive Intelligent Systems*, 8(4), 29:1-31. Doi: <http://dx.doi.org/10.1145/3230736>



Studies. <https://doi.org/10.1007/s10826-019-01465-x>

Dost-Gözkân, A. & Wiium, N. (in press). Links between developmental assets and identity development: Evidence from two studies with Turkish emerging adults. In R. Dimitrova & N. Wiium (Eds.), *Handbook of positive youth development*. Springer.

Dost-Gözkân, A. (2019). An examination of adolescents' conflict resolution with their parents and best friends. *Journal of Child and Family*

Güler Yıldız, T., Gönen, M., Ülker Erdem, A., Garcia, A., Raikes, H., **Acar, I.**, Burçak, F., Turan, F., Can Gül, S., & Davis, D. (2019). Examining the associations between children's receptive language skills and developmental domains in the United States and Turkey, *Journal of Child Language*, 1-21. doi:10.1017/S0305000918000570

Gulseven, Z., **Kumru, A.**, Carlo, G., Palermo, F., Selcuk, B., & Sayil, M. (2018). The mediational roles of harsh and responsive parenting in the longitudinal relations between socioeconomic status and Turkish children's emotional development. *International Journal of Behavioral Development*, 42 (6), 563-573.

Kafescioglu, N. (2018). Bir erken müdahale yöntemi olarak filial therapy (Filial therapy as an early intervention). In A. Dost-Gözkan, N. Kafescioglu, & D. Tahiroğlu (Eds.), *Gelişim psikolojisi ve terapi perspektifinden oyun* (s. 208-236). Istanbul: Ozyegin University Press.

Kafescioglu, N., & Akyıl, Y. (2018). Couple and family therapy training in the context of Turkey. In S. S. Poulsen, & R. Allan (Eds.), *Cross-cultural responsiveness and systemic therapy: Personal and clinical narratives*. New York; NY: Springer.

*Karkın, A., **Sen, C.K.N.**, & Baltaş, Z.. (2019). Current state of health psychology in Turkey. *European Health Psychologist, Proceedings of the 33rd Conference of the European Health Psychology Society*.



Karşılar, H., & Balcı, F. (2019). Symbolism overshadows the effect of physical size in supra-second temporal illusions. *Attention, Perception, & Psychophysics*, pp. 1-15.

Karşılar, H., Kısa, Y.D., & Balcı, F. (2018). Dilation and Constriction of Subjective Time Based on Observed Walking Speed. *Frontiers in Psychology*, 9.

Kumru, A., Bugan B., & Gulseven, Z. (2019). Parenting and prosocial moral behavior in predominantly Muslim countries. In D. Laible, G. Carlo, and L. Padilla-Walker (Eds.), *The Oxford Handbook of Parenting and Moral Development*. New York: Oxford University Press.

Mouratidis, A., Sayil, M., **Kumru, A.**, Selcuk, B., & Soenens, B. (2019). Maternal knowledge as a mediator of the relation between maternal psychological control and altruistic prosocial, instrumental prosocial, and antisocial behavior. *Merrill-Palmer Quarterly*, 65, 207-231.

Putnam, S. P., Gartstein, M. A., Casalin, S., González-Salinas, C., Huitron, B., Han, S-Y, Majdandzic, M., Montiroso, R, Benga, O., **Acar, I.**, Linhares, B., Räikkönen, K., Wang, Z., Lecannelier, F., Beijers, R., & Kozlova, E. (2018) Methods, in M. Gartstein & S. P. Putnam (Eds.) *Toddlers, Parents, and Culture: Findings from the Joint Effort Toddler Temperament Consortium*. London: Routledge Publishing.



Ren, L., Garcia, A., Esteraich, J., Encinger, A., Raikes, H., & **Acar, I. H** (2019). Parent-child relationships and preschoolers' social-emotional functioning among low-income families: The moderating role of parental nativity, *Infant and Young Children*, 32(2), 123-138. doi: 10.1097/IYC.0000000000000138

Rudasill, K. M., & **Acar, I.** (2019). The synergy of teacher-child dependency and temperament for children's early language skills. *Early Education and Development*. Advance online publication. DOI: 10.1080/10409289.2019.1572383

Sayıl, M, Kindap, Y, & **Kumru, A.** (2019). Ebeveyn çatışması ve ergenin uyum sorunları arasındaki ilişkiler: Anne babanın kontrol uygulamalarının aracı rolü [The relation between interparental conflict and adolescent's adjustment problems: The mediator role of parental control practices]. *Türk Psikoloji Dergisi (Turkish Journal of Psychology)*, 83, 74-89.

Sen, C.K.N. & Gurleyik, D. (2019). Promoting exercise: the theory of planned behavior and social appearance anxiety in exercise intentions. *European Health Psychologist, Proceedings of the 33rd Conference of the European Health Psychology Society*.

Sen, C.K.N., Baruh, L., & Karaköse, S. (2018). The impact of health information avoidance on breast self-examination practices. *European Health Psychologist, Proceedings of the 32nd Conference of the European Health Psychology Society*.



Sen, C.K.N., Baruh, L., & Kumkale, G.T. (2019). Was it me? The influence of self-versus provider-directed past mammogram behavior on future mammogram intentions. *European Health Psychologist, Proceedings of the 33rd Conference of the European Health Psychology Society*.



ter Bekke, M.,* Özyürek, A., & **Ünal, E.** (2019). Speaking but not gesturing predicts motion event memory within and across languages. *Proceedings of the 41st Annual Meeting of Cognitive Science Society*.

Ünal, E., & Papafragou, A. (2019). How children identify events from visual experience. *Language, Learning and Development, 15*, 138-156.
doi:10.1080/15475441.2018.1544075

Ungan, P., **Karşılar, H.**, & Yagcioglu, S. (2019). Pre-attentive Mismatch Response and Involuntary Attention Switching to a Deviance in an Earlier-Than-Usual

Auditory Stimulus: An ERP Study. *Frontiers in Human Neuroscience, 13*.

Veziroglu-Celik, M. & **Acar, I. H.** (2018). The association between learning behaviours and social competence of Turkish preschool children. *Early Child Development and Care*, Advance Online Publication. DOI: 0.1080/03004430.2018.1542386

Veziroglu-Celik, M., Garcia, A., **Acar, I. H.**, Gonen, M., Raikes, H., Korkmaz, A., Ucus, S., Esteraich, J & Colgrove, A. (2018): Family context of low-income young children and their self-regulation in the United States and Turkey, *Early Child Development and Care*, DOI: 10.1080/03004430.2018.1548442

Zeytinoglu, S., & Ozek, M. M. (2018) Apert Sendromu ile Yaşamanın Bireyler ve Aileler Üzerindeki Psikolojik Etkileri: Derleme. *Maltepe University FEF Journal 20th Year Special Issue*, 166-178.

Workshops & Media Exposure

Açık, A. XV. Cinsel Taciz ve Saldırıya Karşı İşbirliği ve İletişim Grubu Çalıştayı (15. *Workshop of the Solidarity and Communication Network Against Sexual Harassment & Sexual Assault*) / I presented the efforts at our university for the establishment of an anti-sexual harassment unit).



Açık, A. Doğa İnsan Teknoloji: İmkanlar ve Krizler Temalı 3. Dr. Mehmet Fatih Traş yazokulu, *Kocaeli Dayanışma Akademisi*

Simakhodskaya, Z., Pagani, A. & **Zeytinoglu Saydam, S.** (January & May, 2019) *Emotionally Focused Couple Therapy Core Skills Training*, Milan, Italy.

Zeytinoglu Saydam, S. (February, 2019). Love 401: Playlist for a Relationship, *Columbia University Global Center's House of Chats*, İstanbul, Turkey

Zeytinoglu Saydam, S. PsiNossa Dergisi, 50. Sayı, Röportaj Köşesi

Honors

Acar, I. H., Excellent Reviewer in 2018, Asia Pacific Education Review Journal.

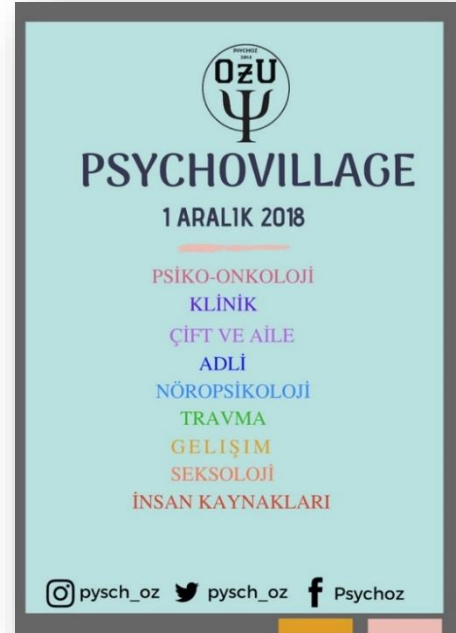
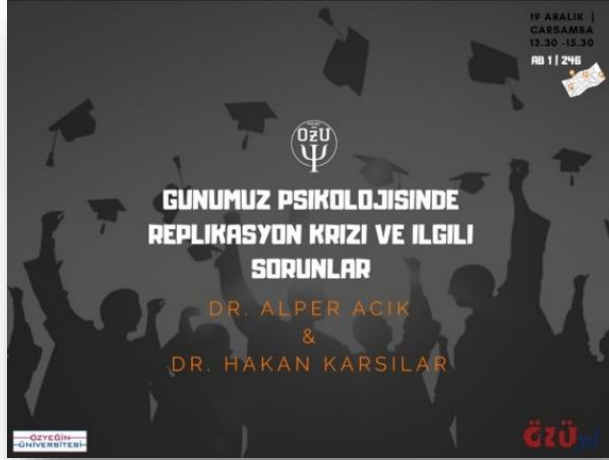
Acar, I. H., Publons Peer Review Award, for placing in the top 1% of reviewers in social sciences, Publons, 2018.




Other Presentations and Events by Faculty

- Dost-Gözkan, A.**, “Ergenlikte psikolojik ihtiyaçlar”, *Sezin Schools; Maltepe High School*
- Dost-Gözkan, A.**, “Zekaya ilişkin inançlarımız, motivasyon ve akademik benlik”, *Kartal Köy Hizmetleri Anatolian High School; Private Atacan High School, Maltepe High School*
- Gürmen, S.** “Change from ‘I’ to ‘We’: Healthy ways of Bonding”, *3rd OzU Psychology Days, Ozyegin University*
- Gürmen, S.** “Gender Equality in Digital Age”, *Ozyegin University*
- Gürmen, S.** “Connections, Transdisciplinary Thinking”, *Ozyegin University*
- Gürmen, S.** “Healthy Ways of Bonding”, *Health Psychology Panel, Ozyegin University*
- Gürmen, S.** Talks outside of the box, *Transdisciplinary Thinking, Ozyegin University*
- Gürmen, S.**, “Bakmaya doyamamak değil, dokunmaya kıyamamak: Sağlıklı Romantik ilişkiler”, *Sakıp Sabancı High School*
- Gürmen, S.** “Workshop for school counsellors, *Working with Parents*”, *Ozyegin University*
- Gürmen, S.**, “Workshop with Parents: İşbirlikçi Ebeveynlik”, *Kartal Hasanpaşa School*
- Gürmen, S.**, “Workshop with Parents of Students”, *Sezin Schools*
- Gürmen, S.** “Workshop for clinicians: “High-conflict Couples”, *Turkish Association of Couple and Family Therapy*
- Kafescioğlu, N.**, “Bir Sistem Olarak Aile ve Değişim”, *Robert College*
- Karşılar, H.** “21. Yüzyılda Öğrenme ve Öğretmeye Dair Nöro-Bilişsel Yaklaşımlar”, *Terakki Vakfı High School; Florya Uğur Anatolian High School*
- Karşılar, H.** “Adventures of a Cognitive Psychologist Teaching Programming”, *Özyeğin University*
- Karşılar, H.** “Intelligence: Natural or Artificial”, *Özyeğin University*
- Karşılar, H.** “Sınav, Motivasyon, Çalışma ve Öğrenme”, *Tuzla Fen Lisesi; Bursa TED College*
- Kumru, A.**, “Türk Yükseköğretim Sisteminde Avrupa Yükseköğretim Alanı Reformlarının Uygulanması ve Sürdürülebilirliği”, *Eskisehir Anadolu University*
- Kumru, A.**, “Akran Zorbalığı”, *St. Benoit High School*
- Kumru, A.**, “Ebeveynlik Semineri”, *St. Benoit High School*

Events Organized by the Psychology Club, Psychoz



Özyeğin Üniversitesi
ÖZÜ'NDE DEĞİŞİM
III. Psikoloji Günleri



13 Nisan
2019

ÖZÜ yıl

Sağlık
Yönetiminde
İnsan Kaynakları
ERKAN ERKAYA

21 KASIM 2018
G15 FEAS
11.30 - 12.30



YOU'RE INVITED TO
Psychoz
ACQUAINTANCE MEETING

ÖZÜ

SAVE THE DATE!

TUESDAY · OCT 09, 2018 · 4:30-
6:30PM
FEAS G16



PSYCHOZ
CHEAT DAY
SECOND ACQUAINTANCE MEETING



TUESDAY | 16.10.2018
12.30 - 2.30 PM
FEAS G10
TAKE THAT BITE!

ÖZÜ

ÖZÜ

**ÇOCUKLAR OYUN
OYNASIN!**

Bilim hocalarımız bağlatmış olduğu, minik öğrencilerin daha iyi eğitim-öğretim alabilmeleri ve öğrendiklerinden keyif alabilmelerini amaçlayan projeye biz de oyuncak yardımı yapmayı amaçlıyoruz.

Nisantepe Anaokulu'na destek projesine katkı sağlamak ister misiniz?

6-10 öğrenci merkezi
MAYIS kat: -1



ÖZÜ yıl

DESTEĞİNİZ AÇIN TEŞEKKÜR EDERİZ

ÖZYEGİN
UNIVERSİTESİ

HAFTAYA GÜZEL
BASLAMAK
İSTER MİSİNİZ?

DİCLE BELÜL İLE
NEFES TERAPİ

YOGANIN İLKELERİ
MEDITASYON
BESLENMENİN ZİHNİMİZE ETKİLERİ

15 EKİM PAZARTESİ
10.30 - 12.30
ÖĞRENCİ MERKEZİ FORUM ALANI



ÖZÜ

PLOTINA Seminar on “Gender in Research and Development” at Özyeğin University’s Sectoral Orienteering Event

The 9th annual Özyeğin University Sectoral Orienteering (SO), one of the flagship events organized by the ÖZU Sectoral Education and Professional Development team, took place between 25 February – 1 March, 2019 at the Çekmeköy Campus.



Sectoral Orienteering 2019



The event brought together the leading names of the business world with ÖZU students around many different activities such as sectoral talks, panels, case studies, interview simulations, cultural and sporting events, technical visits, interviews and workshops.

The SO program recognized the diverse personal interests and different career goals of students, and offered something for everyone including the ÖZU alumni. As such, it presented opportunities to experience more than 100 academic, professional, social and sportive events featuring about 80 organizations of all types and sizes.

On the second day of the SO week, PLOTINA Team Members Dr. Leyla Kayhan-Elbirlik and Dr. Alper Açık gave a joint seminar titled “Gender in Research and Development: Why and How?” The seminar covered a wide range of technical and scientific areas from industrial design to medicine, and discussed how the lack of a sex/gender dimension in these fields impacts the quality and reliability of R&D projects and their outcomes.



Attended by a large group of students and staff, the seminar ended with a thought-provoking Q&A session. It is noteworthy that the Özü PLOTINA Team proved to have benefited immensely from the materials and methods introduced in the “Gender Dimension in Research” and “Training the Trainers” workshops held at the PLOTINA meeting organized by the University of Bologna in September 2017.



Map of PLOTINA Consortium Partners. PLOTINA has received funding from the European Union’s Horizon 2020 research and innovation program under grant agreement (G.A NO 666008).

Departmental 10th Year Anniversary Events



Play Panel

In celebration of Ozyegin's 10th year anniversary, the editors of the book *Oyun: Gelişim Psikolojisi ve Terapi Perspektifinden Oyun* (Play: From the Developmental and Therapeutic Perspectives), hosted the Play Panel on April 5, 2019.

This exciting and interactive panel brought together experts from both developmental and clinical psychology allowing for both seminar-style and applied sessions.

The first sessions examined play from within cognitive and social developmental frameworks and also explored the role of gender.

The remaining two sessions allowed for demonstrations of play therapy and audience participation. Our thanks to Ayfer Dost-Gözkan, Nilüfer Kafescioğlu and Deniz Tahiroğlu for hosting the event.

GELİŞİM PSİKOLOJİSİ VE
TERAPİ PERSPEKTİFİNDEN

OYUN

Program

Açılış 13.00 - 13.15

I. Oturum 13.15 - 14.30
Dr. Öğr. Üyesi Deniz Tahiroğlu "Oyun ve Bilişsel Gelişim"
Dr. Öğr. Üyesi Ayfer Dost Gözkan "Oyun ve Sosyal Gelişim"
Prof. Dr. Asiye Kumru "Oyun ve Toplumsal Cinsiyet"

Kahve Arası 14.30 - 14.50

II. Oturum 14.50 - 15.50
Dr. Öğr. Üyesi Yudum Akyıl & Doç. Dr. Nilüfer Kafescioğlu
"Aile Terapisinde Oyun Uygulamaları"

III. Oturum 16:00 - 16:45
Dr. Öğr. Üyesi Elif Göçek "Oyun Terapisi ve Duygular"

5 Nisan 2019 / Cuma

Özyeğin Üniversitesi Çekmeköy Kampüsü
2. Akademik Bina G-30



2nd Annual Çiğdem Kağıtçıbaşı Research Festival

CALL FOR SUBMISSIONS

2ND ANNUAL ÇİĞDEM KAĞITÇIBAŞI RESEARCH FESTIVAL

FRIDAY, MAY 3, 2019

Undergraduate and graduate students in Psychology are invited to present their research at the department's research festival



For Guidelines & Submissions:
<https://ckf.ozyegin.edu.tr>



Submission Deadline:
March 3, 2019
Notification of Acceptance:
April 3, 2019

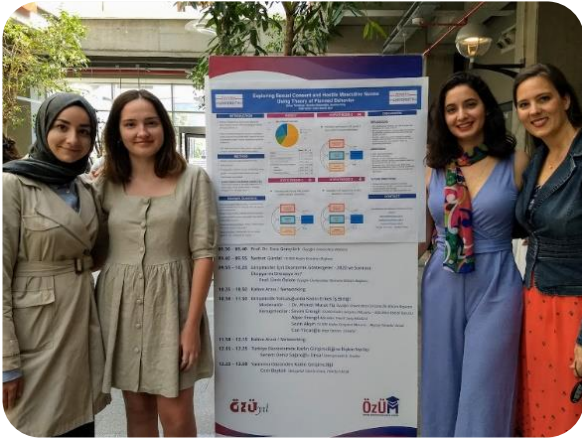
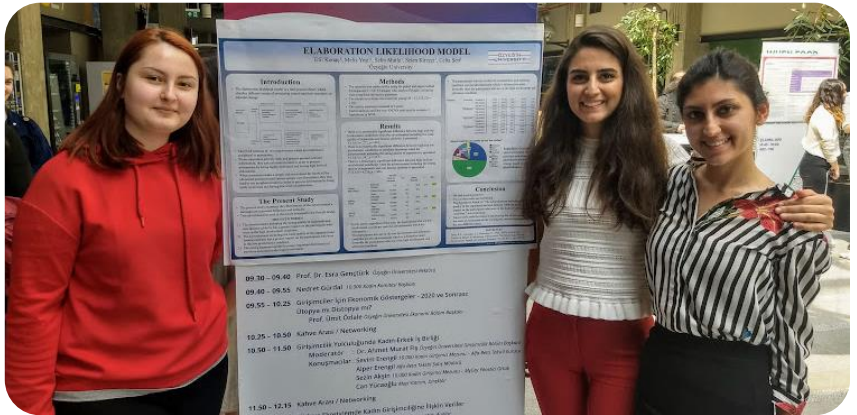
ÖZÜ
year

The 2nd Annual Çiğdem Kağıtçıbaşı Research Festival was held on May 3, 2019 celebrating Prof. Dr. Kağıtçıbaşı's legacy and showcasing both undergraduate and graduate student research performed by the department.

After months of preparations and rigorous review of submissions, fifteen abstracts were selected to be part of the 2019 festival.

The day opened with an enthralling keynote by Prof. Dr. Diane Sunar entitled, "A Century of Moral Psychology: Where Are We Now?," followed by five oral outstanding presentations, and a poster session featuring ten promising researchers. The day represented research from multiple branches of psychology carried out by students. Our thanks to Emrah Aktunç, Ercenur Unal, and Hakan Karşılar for organizing this event.





Health Psychology Panel



Health Psychology
Exercise, Cancer Screening, Close Relationships,
and Organ Donation Registration

Session I
13:00-14:10

- Selenga Gürmen: Healthy ways of bonding: Love me gently
- Duygu Gürleyik: The effects of a charitable cause on physical activity motivation
- Hülya Aşçı: Psychological effects of exercise

Coffee/Networking Break

Session II
14:30-15:30

- Kirstin Öztürk: UXD (user experience design) in health care
- Celia Naivar Şen: The impact of past decisional locus on future mammogram behaviors
- Tarcan Kumkale: Personality-based segmentation and prediction of consequential health outcomes

10 May 2019
13:00-15:30 ÖZÜ-X B27
Özyeğin University

ÖZÜ


On May 10, 2019, Özyeğin University held the first ever health psychology event in Turkey. The panel was split into two sessions. The first session showcased three talks on close relationships and physical activity. The second session highlighted the role of patient experience, cancer early detection, and the complicated nature of health behaviors.

In addition to Özyeğin faculty, academicians from TÜBİTAK, Marmara University and Kadir Has presented their work. The co-founders plan to turn the well-attended event into an annual conference for regional researchers of health psychology to share cutting-edge findings with each other, practitioners in the field, government agencies, and of course our students. Our thanks to Celia Naivar Şen and Duygu Gürleyik for organizing the event.



Prof. Michelle Lynette Rupiper Seminar

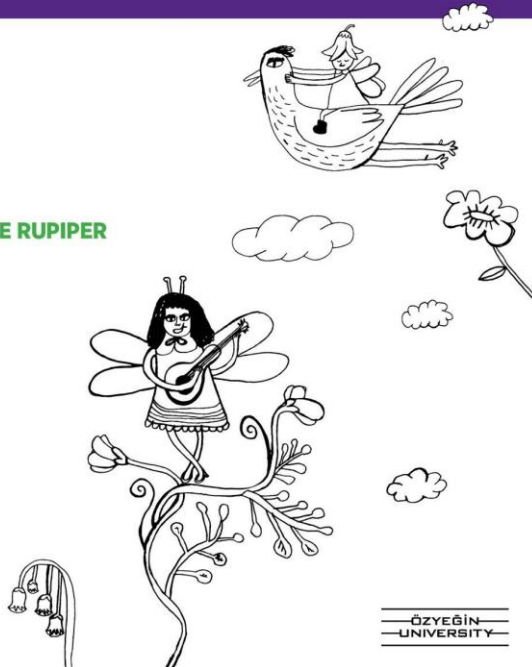
Faculty of Social Sciences
Psychology



MICHELLE LYNETTE RUPIPER

Nature and Executive Function

May 27, 2019, Monday
11:00 - 12:30
Özyeğin University,
Çekmeköy Campus
FEAS, G30



ÖZÜ year

ÖZYEGİN
UNIVERSITY

A wonderful seminar by the esteemed Prof. Michelle Lynette Rupiper concluded the department's 10th year anniversary events. Prof. Rupiper gave an insightful talk on nature and executive function. She discussed the essential and calming properties of being in a natural setting surrounded by the lush forested hills of the Çekmeköy campus.

Following the packed seminar for faculty and students. Prof. Rupiper held a workshop at the Swiss Hotel.



ÖzÜÇAM Events

BİLGİ at ÖzÜ Gathering, September 2018.

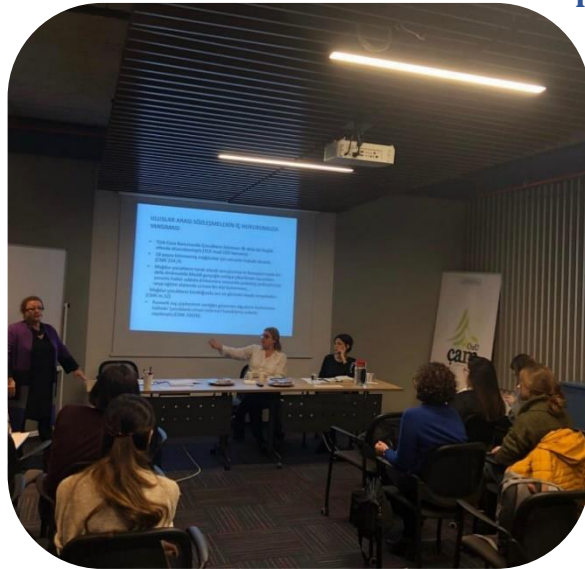
Students, Alumni and Faculty from Özyeğin and Bilgi University Couple and Family Therapy MA programs met at ÖzÜÇAM. Presentations and case studies took place under the “Working With Difficult Couples” theme.

Özyeğin Orientation Day, September 2018.

Head of ÖzÜÇAM, Tuğçe Bağcı, MA, introduced the ÖzÜÇAM center to the parents of newly starting students at our university.

“Psychovillage” Event, December 2018.

Our program director Assoc. Prof. Nilüfer Kafesçioğlu gave a presentation on Couple and Family Therapy, at the *Psychovillage* event organized by the Psychology Club, followed by a talk by our undergraduate student Cansu Ece introducing ÖzÜÇAM to the listeners.



Processing the Legal Issues Emerging in Therapy, December 2018

Attorney at Law Aşkın Topuzoğlu, Özyeğin Legal Advisor Attornet Sıla Oral and Sibel Erenel gave talks as part of ÖzÜÇAM’s monthly seminars.

Parent Academy Project, Alemdağ Primary School, January 2019

Our student İtir Erkan gave a seminar to the parents of Alemdağ Primary School students,

titled “Establishing Boundaries with Children” as part of a project initiated by the İstanbul Provincial Directorate of National Education.

Mindfulness in Stressful Living, January 2019

Clinical Psychologist and Mindfulness-Based-Stress-Reduction trainer Beril Yardımcı Canoğlu gave a talk on the effect of mindfulness practice on the stress induced by internal and external threats as part of ÖzüÇAM’s monthly seminars.

Medical Family Therapy and Online Family Therapy with Patients with Muscle Disease, January 2019

Psychologist İrem Bray, MA, Psychological Counselor Nilgün Sarı and faculty member Senem Zeytinoğlu-Saydam gave a seminar as part of ÖzüÇAM’s monthly seminars.

A Systematic Approach to Alcohol and Substance Abuse: Themes, Roles and Secrets, February, 2019



Couple and Family Therapist Assoc. Prof. Gizem Erdem gave a talk as part of ÖzüÇAM’s monthly seminars.

Parent Academy Project, Alemdağ Primary School, March 2019

Our students Cansu Ece and Gözde Topgüloğlu Danışman gave a seminar to the parents of Alemdağ Primary School students, titled “Within-Family Communication”.

Çekmeköy Social Welfare Center Meeting, April 2019

Our Head of Department Ayfer Dost-Gözkan and the head of ÖzÜÇAM Tuğçe Bağcı met with the head of Çekmeköy Social Welfare Center Ozan Berktaş and Psychologist Tuğba İmamoğlu in order to discuss bidirectional expectations among the two institutions.



Parent Academy Project, Alemdağ Primary School, May 2019

Our student Burak Savcı and alumnus İrem Erdoğan gave a seminar to the parents of Alemdağ Primary School students, titled "Informed Technology Usage".

Gender Equality From All Angles and In All Contexts: Perspectives from Different Areas of Application, May 2019

A seminar on gender equality was held as part of ÖzÜÇAM's monthly seminars in cooperation with Toplum Gönüllüleri Foundation (TOG). Başak Tuğsavul from the TOG foundation explained to the listeners the "Gender Equality Mainstreaming Program" and Gülseren Kasap gave information regarding the actions taken at the foundation on gender equality, while Dr. Yeşim Sünbuloğlu from the Özyeğin Gender Equality Unit shared with us

the practices aimed at gender equality at our university. Lastly, our faculty member Selenga Gürmen gave a talk on possible applications of gender equality in therapy settings.



Sex Therapy and Its use in Clinical Application, April 2019

Deniz Aktosun, MA, gave a talk as part of ÖzÜÇAM's monthly seminars, discussing sexuality in Turkey and the assesment of sexuality in therapy.

**CONGRATULATIONS TO OUR
2019 GRADUATES...**

